

MSHSL Section 3A - 6/2/2016
Redwood Valley High School

Results - Day 1

Event 1 Girls Pole Vault

Name	Yr	School	Finals
Finals			
1 Taylor Schmidt	12	Tracy-Milroy	8-04.00
2 Kailey Koep	10	Jackson Coun	7-10.00
3 Hannah Elmer	11	Redwood Vall	7-04.00
4 Brianna Panitzke	10	Redwood Vall	7-04.00
5 Kara Thompson	12	Windom Area	6-10.00
5 Kennedy Vold	8	Westbrook-Wa	6-10.00
7 Bonnie Imker	12	Westbrook-Wa	6-10.00
8 Molly Boyum	11	Jackson Coun	6-10.00
9 Lindsay Muller	10	Windom Area	6-10.00
10 Sydney Paulson	10	Windom Area	5-10.00
10 Safron Milne	11	Redwood Vall	5-10.00
--- Mariah Hicks	12	Westbrook-Wa	SCR

Event 2 Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 Koua Vang	12	Westbrook-Wa	11-03.00
2 Yanick Tade	12	Windom Area	10-09.00
3 Jed Hansen	9	Redwood Vall	10-03.00
4 Evan Wiens	12	Windom Area	9-09.00
5 Ben Freking	11	Jackson Coun	9-09.00
6 Sawyer Schwartz	9	Tracy-Milroy	8-09.00
6 Ian Mackie	11	Westbrook-Wa	8-09.00
6 Coltan Bents	8	Jackson Coun	8-09.00
9 Luke Grannes	9	Redwood Vall	8-09.00
10 Maverick Goblirsch	7	Redwood Vall	8-09.00

Event 3 Girls High Jump

Name	Yr	School	Finals
Finals			
1 Kendra Ludeman	12	Tracy-Milroy	5-05.00
2 Catherine Wendland	9	Tracy-Milroy	4-10.00
3 Rachel Kedl	12	Westbrook-Wa	4-10.00
4 McKenna Nelson	10	Wabasso	4-08.00
4 Jady Wormstadt	8	Windom Area	4-08.00
4 Marta Stoesz	11	Mountain Lak	4-08.00
7 Cheyenne Schaffer	11	Heron Lake-O	4-08.00
8 Vanessa Kedl	10	Westbrook-Wa	4-06.00
9 Emily Hoffman	12	Wabasso	4-06.00
10 Holly Wolf	12	Windom Area	4-06.00
11 Alexa Steffl	9	Redwood Vall	4-04.00
11 Paige Richert	12	Cedar Mounta	4-04.00
13 Megan Sandgren	7	Cedar Mounta	4-02.00
--- Abi Fest	11	Heron Lake-O	SCR
--- Mia Hockel	11	Windom Area	SCR
--- Lonnah Maasch	8	Wabasso	SCR

Event 4 Boys High Jump

Name	Yr	School	Finals
Finals			
1 Jacob Henjum	12	Redwood Vall	6-01.00
2 Spencer Smith	12	Tracy-Milroy	5-07.00

3 Chase Pettis	12	Redwood Vall	5-07.00
4 Jordan Hassing	10	Jackson Coun	5-05.00
5 Justin Lumbar	11	Cedar Mounta	5-05.00
6 Ryan Franz	11	Windom Area	5-05.00
7 Kris Menken	11	Mountain Lak	5-03.00
8 Fritz Landherr	10	Tracy-Milroy	5-03.00
9 Xander Seaman	10	Redwood Vall	5-01.00
10 Collin Hampel	10	Mountain Lak	4-11.00
10 Wyatt Minion	11	Windom Area	4-11.00
12 Luke Wagner	10	Wabasso	4-09.00
13 Brent Reisdorfer	11	Windom Area	4-09.00
--- Sam Fenger	7	Wabasso	SCR
--- Noah Arends	10	Wabasso	SCR
--- Eli Karschnik	10	Mountain Lak	SCR

Event 5 Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Sidney Beran	9	Redwood Vall	16-00.00 NWI
2 Hannah Schjenken	8	Redwood Vall	15-06.00 NWI
3 Lauren Zeug	11	Cedar Mounta	15-05.00 NWI
4 Kailey Koep	10	Jackson Coun	15-02.00 NWI
5 Sydney Hauger	9	Cedar Mounta	14-11.00 NWI
6 Hannah Elmer	11	Redwood Vall	14-10.00 NWI
7 Sophia Lovell	9	Jackson Coun	14-09.50 NWI
8 Anjolic Salfer	12	Wabasso	14-06.00 NWI
9 Sierra Pankratz	10	Mountain Lak	14-04.00 NWI
10 Emma Stevenson	9	Westbrook-Wa	13-11.50 NWI
11 Victoria Christoffer	10	Windom Area	13-05.00 NWI
12 Shiro Ogeka	9	Windom Area	13-04.50 NWI
13 Gabi Stenzel	12	Heron Lake-O	13-01.00 NWI
14 Kaylan Untiedt	12	Heron Lake-O	12-10.50 NWI
15 Mia Hockel	11	Windom Area	12-05.00 NWI
15 Claire Rasche	10	Heron Lake-O	12-05.00 NWI
17 Summer Janzen	9	Mountain Lak	12-04.00 NWI
18 Emma Salfer	8	Wabasso	11-11.00 NWI
19 Allison Jesse	8	Wabasso	11-08.50 NWI

Event 6 Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Colton Taylor	11	Wabasso	20-05.50 NWI
2 Logan Josephson	11	Redwood Vall	20-04.50 NWI
3 Jacob Henjum	12	Redwood Vall	19-10.00 NWI
4 Jordan Hassing	10	Jackson Coun	19-00.00 NWI
5 AJ Vongsy	11	Mountain Lak	18-04.00 NWI
6 Fritz Landherr	10	Tracy-Milroy	18-00.00 NWI
6 Logan Kelly	12	Cedar Mounta	18-00.00 NWI
8 Cooper Taylor	11	Wabasso	17-07.50 NWI
9 Ryan Franz	11	Windom Area	17-05.00 NWI
10 Sam Paulson	9	Mountain Lak	17-00.50 NWI
11 Michael Munson	10	Tracy-Milroy	16-10.00 NWI
12 Daniel Green	11	Windom Area	16-08.00 NWI
13 Hamlock Tanyavong	12	Mountain Lak	16-06.50 NWI
14 Nico Feroni	12	Jackson Coun	16-04.00 NWI
15 Kegan Zimmermann	11	Westbrook-Wa	16-03.00 NWI

MSHSL Section 3A - 6/2/2016
Redwood Valley High School
Results - Day 1

Finals ... (Event 6 Boys Long Jump)

Name	Yr	School	Finals
16 Nick Marotzke	8	Wabasso	15-07.00 NWI
17 Jordan Toll	9	Cedar Mounta	15-04.00 NWI
18 Dominic White	7	Heron Lake-O	14-08.50 NWI
19 Christian Juarez	10	Heron Lake-O	13-08.00 NWI
20 Eko Wiranto	11	Windom Area	10-09.50 NWI
--- Andrew Stephens	8	Redwood Vall	SCR NWI

Event 7 Girls Triple Jump

Name	Yr	School	Finals
Finals			
1 Sidney Beran	9	Redwood Vall	34-03.00 NWI
2 Ramsey Piotter	12	Westbrook-Wa	33-02.50 NWI
3 Jillian Read	12	Redwood Vall	32-09.00 NWI
4 Lauren Zeug	11	Cedar Mounta	32-08.50 NWI
5 Josi Kodet	11	Redwood Vall	32-04.00 NWI
6 Hannah Stevenson	12	Westbrook-Wa	31-01.00 NWI
7 Shiro Ogeka	9	Windom Area	30-06.50 NWI
8 Sierra Pankratz	10	Mountain Lak	29-05.50 NWI
9 Sophie Johnson	12	Jackson Coun	28-11.50 NWI
10 Alyssa Post	11	Jackson Coun	28-05.50 NWI
11 Mataya Nelson	8	Wabasso	27-03.50 NWI
12 Eliana Tade	10	Windom Area	27-03.00 NWI
13 Summer Janzen	9	Mountain Lak	26-08.50 NWI
14 Genna Rothmeier	9	Wabasso	26-06.00 NWI
15 Jady Wormstadt	8	Windom Area	24-08.00 NWI
--- Aubrey Mathiowetz	8	Wabasso	SCR NWI

Event 8 Boys Triple Jump

Name	Yr	School	Finals
Finals			
1 Jacob Henjum	12	Redwood Vall	42-00.00 NWI
2 Thomas Amberg	11	Redwood Vall	41-03.50 NWI
3 Sam Paulson	9	Mountain Lak	38-08.00 NWI
4 Matt Stubbe	9	Jackson Coun	38-04.00 NWI
5 Daniel Green	11	Windom Area	37-11.50 NWI
6 Ryan Franz	11	Windom Area	37-03.00 NWI
7 Dakota Scott	11	Windom Area	36-00.00 NWI
8 Evan Cumiskey	9	Jackson Coun	34-11.50 NWI
9 Logan Pankonin	11	Westbrook-Wa	34-10.00 NWI
10 Parker Benda	9	Jackson Coun	34-08.00 NWI
11 Jordan Toll	9	Cedar Mounta	34-00.50 NWI
12 Hamlock Tanyavong	12	Mountain Lak	33-05.00 NWI
13 Ben Rohland	12	Wabasso	32-09.00 NWI
14 Carlos Juarez	10	Heron Lake-O	32-00.00 NWI
15 Dominic White	7	Heron Lake-O	31-08.00 NWI
16 Ruben Fentanez	12	Mountain Lak	31-04.00 NWI
17 Tyler Bliss	8	Wabasso	29-01.00 NWI
18 Sam Fenger	7	Wabasso	28-05.50 NWI
--- Logan Kelly	12	Cedar Mounta	SCR NWI
--- Andrew Stephens	8	Redwood Vall	SCR NWI

Event 9 Girls Discus Throw

Name	Yr	School	Finals
Finals			
1 Emma Gaffney	12	Redwood Vall	128-07.25
2 Delaney Smith	8	Windom Area	107-00
3 Jenneel Rodney	11	Mountain Lak	98-11.50
4 Emily Steen	11	Windom Area	95-05
5 Ally Welch	11	Wabasso	92-05.50
6 Sierra Koepp	12	Cedar Mounta	86-05
7 Jaidyn Probst	10	Redwood Vall	85-04.75
8 Brianna Panitzke	10	Redwood Vall	78-01.25
9 Cheyenne Minniss	11	Jackson Coun	75-07
10 Jazlyn Moe	9	Jackson Coun	70-08.50
11 Meghan Bernardy	12	Wabasso	69-03.75
12 Ashley Wagner	11	Heron Lake-O	69-00
13 Sydney Pitzl	12	Wabasso	68-06
14 Caitlin Lillquist	11	Jackson Coun	66-09
15 Bailey Collin	12	Heron Lake-O	66-03.50
16 Liana Blomgren	12	Mountain Lak	65-06.25
17 Eliana Mireles	11	Westbrook-Wa	64-01.75
18 Katie Longerbone	8	Cedar Mounta	64-00.75
19 Olivia Maras	9	Windom Area	64-00
20 Jordan Kunkel	10	Tracy-Milroy	63-09.50
21 Bileigh Anacker	9	Mountain Lak	62-00.75
22 Katelynn Clemon	11	Cedar Mounta	56-04.75
23 Leah Schmid	10	Heron Lake-O	56-02.75
24 Kristin Bohn	10	Tracy-Milroy	54-02.50
25 Heidi Imker	9	Westbrook-Wa	51-08

Event 10 Boys Discus Throw

Name	Yr	School	Finals
Finals			
1 Scott Zollner	11	Wabasso	124-06
2 Carl Swedzinski	10	Wabasso	118-05.25
3 Matthew Strom	12	Jackson Coun	117-03.50
4 Myles Zeug	11	Wabasso	116-05
5 Andres Cazares-Reyes	10	Windom Area	115-11.75
6 Dylan Colbert	11	Windom Area	115-07
7 Eric Bommersbach	12	Redwood Vall	111-06
8 Oliver Ball	9	Windom Area	110-10
9 Logan Bannister	10	Jackson Coun	108-04
10 Julio Gutierrez	12	Mountain Lak	107-05
11 Cayden Buysse	10	Tracy-Milroy	104-06.75
12 Michael Watkins	11	Mountain Lak	103-04
13 Teague Schultz	12	Jackson Coun	97-10.25
14 Boe Bidinger	12	Redwood Vall	97-09.25
15 Hunter Dahna	12	Mountain Lak	92-03
16 Matt Kleven	12	Westbrook-Wa	87-05.75
--- Kaleb Haase	9	Redwood Vall	SCR
--- Tony Nelson	8	Tracy-Milroy	SCR
--- Dylan Nelson	10	Heron Lake-O	SCR
--- Pablo Esqueda	11	Heron Lake-O	SCR

MSHSL Section 3A - 6/2/2016

Redwood Valley High School

Results - Day 1

Event 11 Girls Shot Put

Name	Yr	School	Finals
Finals			
1 Emma Gaffney	12	Redwood Vall	38-05.25
2 Delaney Smith	8	Windom Area	38-04.00
3 Jenneel Rodney	11	Mountain Lak	34-02.00
4 Sierra Koepf	12	Cedar Mounta	32-03.00
5 Emily Steen	11	Windom Area	31-07.00
6 Saige Wall	9	Mountain Lak	30-08.50
7 Gabbie Gervais	12	Tracy-Milroy	30-04.50
8 Jaidyn Probst	10	Redwood Vall	29-04.00
9 Bailey Collin	12	Heron Lake-O	29-01.00
10 Ashley Wagner	11	Heron Lake-O	28-03.50
11 Sydney Pitzl	12	Wabasso	28-03.25
12 Jazlyn Moe	9	Jackson Coun	27-03.00
13 Megan McCue	9	Mountain Lak	26-08.00
14 Caitlin Lillquist	11	Jackson Coun	26-04.75
15 Ally Welch	11	Wabasso	25-07.50
16 Brianna Panitzke	10	Redwood Vall	25-04.50
17 Rachel Minion	9	Windom Area	25-04.00
18 Leah Schmid	10	Heron Lake-O	25-01.00
18 Kristin Bohn	10	Tracy-Milroy	25-01.00
20 Katie Longerbone	8	Cedar Mounta	25-00.00
21 Eliana Mireles	11	Westbrook-Wa	24-11.00
22 Cheyenne Minniss	11	Jackson Coun	23-03.00
23 Meghan Bernardy	12	Wabasso	22-06.00
24 Katelynn Clemon	11	Cedar Mounta	20-11.00
25 Jordan Kunkel	10	Tracy-Milroy	18-01.50

Event 12 Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Myles Zeug	11	Wabasso	46-10.50
2 Carl Swedzinski	10	Wabasso	44-10.50
3 Isaac Schmiesing	11	Wabasso	41-10.25
4 Ruben Fentanez	12	Mountain Lak	41-02.50
5 Hunter Dahna	12	Mountain Lak	40-08.25
6 Kaleb Haase	9	Redwood Vall	40-07.00
7 Andres Cazares-Reyes	10	Windom Area	40-05.50
8 Matthew Strom	12	Jackson Coun	39-10.00
9 Matt Kleven	12	Westbrook-Wa	38-02.50
10 Josh Mychackavane	12	Mountain Lak	37-07.00
11 Jabari Carlton	10	Windom Area	37-02.50
12 Logan Bannister	10	Jackson Coun	36-08.00
13 Cayden Buysse	10	Tracy-Milroy	35-11.25
14 Eric Bommersbach	12	Redwood Vall	35-09.00
15 Austin Lyons	9	Jackson Coun	34-11.00
16 Boe Bidinger	12	Redwood Vall	33-09.50
17 Dylan Colbert	11	Windom Area	33-07.50
18 Tony Nelson	8	Tracy-Milroy	28-09.50
19 Joel Byers	10	Westbrook-Wa	27-02.25
--- Dylan Nelson	10	Heron Lake-O	SCR
--- Brennen Schaefer	9	Cedar Mounta	SCR
--- Pablo Esqueda	11	Heron Lake-O	SCR

Event 13 Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Wabasso		10:10.84
1) McKenna Nelson 10	2) Haley Albu 9	
3) Emily Hoffman 12	4) Lindsey Bernardy 11	
2 Tracy-Milroy-Balaton		10:12.61
1) Cassidy Smith 10	2) Brooke Christian 9	
3) Alecia Christian 11	4) Sarita Hook 11	
3 Windom Area		10:28.21
1) Gracie Bucher 8	2) Eliana Tade 10	
3) Jadyn Wormstadt 8	4) Christianna Green 12	
4 Jackson Coun		10:38.20
1) Ella Lilleberg 10	2) Karli Cavness 12	
3) Annika Lilleberg 12	4) Jessica Christoffer 11	
5 Heron Lake-Okabena		10:46.53
1) Cheyenne Schaffer 11	2) Makayla Edwards 11	
3) Anna Volk 10	4) Skylar Fisher 7	
6 Redwood Valley		11:06.57
1) Ella Fuhr 7	2) Safron Milne 11	
3) Catherine Buffie 7	4) Jasmine Barnes 9	

Event 14 Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Windom Area		8:28.85
1) John Irwin 12	2) Nickolas Green 12	
3) Cameron Alm 8	4) Issac Tade 12	
2 Redwood Valley		8:50.99
1) Carter Menz 12	2) Aaron Boyle 12	
3) Maverick Goblirsch 7	4) Deon Estebo 10	
3 Westbrook-Wa		9:13.72
1) Ken Celedon 11	2) Jake Kleven 10	
3) Dalton Piotter 10	4) Logan Pankonin 11	
4 Jackson Coun		9:21.23
1) Jacob Tvinnereim 11	2) Ben Freking 11	
3) Clayton Cavness 7	4) Coltan Bents 8	
5 Mountain Lake		9:26.17
1) Tommy Kraemer 12	2) Josiah Gardiner 10	
3) Ryan Blomgren 10	4) Emilio Garcia DeLa Cruz 9	
6 Wabasso		11:16.23
1) Luke Wagner 10	2) Noah Arends 10	
3) Tyler Bliss 8	4) Sam Welch 7	

Event 15 Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Alexa Steffl	9	Redwood Vall	17.37 NWI
2 Jillian Read	12	Redwood Vall	17.39 NWI
3 Zoe Pohlman	10	Jackson Coun	18.13 NWI
4 Emily Jahnke	12	Mountain Lak	18.21 NWI
5 Paige Richert	12	Cedar Mounta	18.50 NWI
6 Victoria Christoffer	10	Windom Area	18.51 NWI
7 Kaylan Untiedt	12	Heron Lake-O	18.59 NWI
8 Camryn Bunting	9	Westbrook-Wa	18.60 NWI

MSHSL Section 3A - 6/2/2016
Redwood Valley High School

Results - Day 1

Finals ... (Event 15 Girls 100 Meter Hurdles)

Name	Yr	School	Finals
9 Lauren Zeug	11	Cedar Mounta	18.77 NWI
10 Hailey Handevitd	10	Jackson Coun	18.90 NWI
11 Ramsey Piotter	12	Westbrook-Wa	19.08 NWI
12 Mareah Carlson	10	Windom Area	19.29 NWI
13 Sophie Johnson	12	Jackson Coun	20.16 NWI
14 Maddi Langerock	8	Tracy-Milroy	21.06 NWI
15 Sheridan Ludeman	8	Tracy-Milroy	21.67 NWI
16 Allison Jesse	8	Wabasso	22.45 NWI
--- Aubrey Bidinger	9	Redwood Vall	SCR

Event 16 Boys 110 Meter Hurdles

Name	Yr	School	Finals
1 Chase Pettis	12	Redwood Vall	17.20 NWI
2 Isaac Johnson	11	Jackson Coun	17.72 NWI
3 Teague Schultz	12	Jackson Coun	18.58 NWI
4 Joel Salgado	9	Mountain Lak	19.08 NWI
5 Daniel Green	11	Windom Area	19.32 NWI
6 Logan Prouty	10	Redwood Vall	19.46 NWI
7 Jake Kleven	10	Westbrook-Wa	19.80 NWI
8 Ethan Klassen	10	Mountain Lak	19.98 NWI
9 Evan Wiens	12	Windom Area	20.35 NWI
10 Jed Hansen	9	Redwood Vall	20.64 NWI
11 Tommy Klann	11	Wabasso	20.73 NWI

Event 17 Girls 100 Meter Dash

Name	Yr	School	Finals
1 Anjolic Salfer	12	Wabasso	13.53 NWI
2 Joci Nestande	12	Cedar Mounta	13.58 NWI
3 Kaylee Kirk	11	Tracy-Milroy	13.89 NWI
4 Gabi Stenzel	12	Heron Lake-O	14.00 NWI
5 Sidney Beran	9	Redwood Vall	14.10 NWI
5 Caitlyn Johnson	10	Redwood Vall	14.10 NWI
7 Hannah Schjenken	8	Redwood Vall	14.11 NWI
8 Emma Auslam	11	Cedar Mounta	14.58 NWI
9 Genna Rothmeier	9	Wabasso	14.68 NWI
10 Shiro Ogeka	9	Windom Area	14.73 NWI
11 Heather Lemcke	11	Cedar Mounta	14.77 NWI
12 Sydney Paulson	10	Windom Area	14.91 NWI
12 Hannah Stevenson	12	Westbrook-Wa	14.91 NWI
14 Emma Stevenson	9	Westbrook-Wa	15.00 NWI
15 Carly Holland	10	Tracy-Milroy	15.05 NWI
16 Holly Wolf	12	Windom Area	15.07 NWI
17 Jewel Southivong	11	Mountain Lak	15.40 NWI
18 Summer Janzen	9	Mountain Lak	15.65 NWI
19 Malinda Lemburg	9	Tracy-Milroy	15.74 NWI
20 Mataya Nelson	8	Wabasso	15.98 NWI

Event 18 Boys 100 Meter Dash

Name	Yr	School	Finals
1 Logan Josephson	11	Redwood Vall	11.54 NWI
2 Mitchell Fulton	12	Wabasso	11.74 NWI

3 Colton Taylor	11	Wabasso	11.75 NWI
4 Jabari Carlton	10	Windom Area	12.37 NWI
5 Nico Feroni	12	Jackson Coun	12.38 NWI
6 Justin Lumbar	11	Cedar Mounta	12.54 NWI
7 Ryan Zamzow	12	Windom Area	12.60 NWI
8 Gil Parent	10	Windom Area	12.62 NWI
9 Elijah Meium-Bratrud	8	Jackson Coun	12.77 NWI
10 Sam Helmer	9	Westbrook-Wa	13.00 NWI
11 Michael Munson	10	Tracy-Milroy	13.10 NWI
12 Kody Kuehn	11	Wabasso	13.18 NWI
13 Brady Forbrook	10	Cedar Mounta	13.19 NWI
14 Riley Reding	12	Cedar Mounta	13.33 NWI
15 Noah Stavnes	10	Westbrook-Wa	13.35 NWI
16 Eli Karschnik	10	Mountain Lak	13.40 NWI
17 Luke Grannes	9	Redwood Vall	13.41 NWI
18 Devin Phetsomphou	11	Mountain Lak	13.82 NWI
19 Logan Rekedal	8	Tracy-Milroy	14.26 NWI
20 Selvin Deleon-Lopez	11	Mountain Lak	14.68 NWI
--- Tate Goodthunder	9	Redwood Vall	SCR

Event 19 Girls 4x200 Meter Relay

Team	Relay	Finals
1 Cedar Mounta		1:50.39
1) Joci Nestande 12	2) Sydney Hauger 9	
3) Chasyti Bird 9	4) Vishe' Raab 12	
2 Jackson Coun		1:51.34
1) Alyssa Post 11	2) Annika Lilleberg 12	
3) Kailey Koep 10	4) Molly Boyum 11	
3 Redwood Valley		1:52.01
1) Jillian Read 12	2) Alaina Goblirsch 11	
3) Elizabeth Prouty 12	4) Sydney Sommers 8	
4 Westbrook-Wa		1:55.49
1) Vanessa Kedl 10	2) Elizabeth Strock 8	
3) Stephanie Amsden 10	4) Rachel Kedl 12	
5 Heron Lake-Okabena		1:57.22
1) Claire Rasche 10	2) Cheyenne Schaffer 11	
3) Kaylan Untiedt 12	4) Gabi Stenzel 12	
6 Wabasso		1:58.09
1) Allison Jesse 8	2) Genna Rothmeier 9	
3) Haley Albu 9	4) Candace Jenniges 9	
7 Windom Area		1:58.37
1) Holly Wolf 12	2) Tatum Paulsen 9	
3) Sydney Paulson 10	4) Mareah Carlson 10	
8 Tracy-Milroy-Balaton		2:06.67
1) Malinda Lemburg 9	2) Katlyn Wieme 2	
3) Kalley Hoek 10	4) Carly Holland 10	

Event 20 Boys 4x200 Meter Relay

Team	Relay	Finals
1 Redwood Valley		1:35.64
1) Kyle Huhnerkoch 10	2) Thomas Amberg 11	
3) Chase Pettis 12	4) Evan Schemmel 12	

MSHSL Section 3A - 6/2/2016
Redwood Valley High School

Results - Day 1

Finals ... (Event 20 Boys 4x200 Meter Relay)

Team	Relay	Finals
2 Mountain Lake		1:37.33
1) AJ Vongsy 11	2) Kris Menken 11	
3) Sam Paulson 9	4) Reynaldo Capetillo 11	
3 Windom Area		1:37.63
1) Dakota Scott 11	2) Ryan Zamzow 12	
3) Yanick Tade 12	4) Wyatt Minion 11	
4 Jackson Coun		1:39.38
1) Jordan Hassing 10	2) Nathaniel Post 9	
3) Matt Stubbe 9	4) Nico Feroni 12	
5 Westbrook-Wa		1:42.73
1) Noah Stavnes 10	2) Sam Helmer 9	
3) Joel Byers 10	4) Kegan Zimmermann 11	
6 Wabasso		1:51.04
1) Ben Rohland 12	2) Nick Marotzke 8	
3) Tommy Klann 11	4) Tanner Rothmeier 10	

Event 21 Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Gracie Bucher	8	Windom Area	5:41.18
2 Aubree Hicks	8	Redwood Vall	5:44.29
3 Liana Blomgren	12	Mountain Lak	5:51.73
4 Lillian McCone	7	Cedar Mounta	5:54.67
5 Brooke Christian	9	Tracy-Milroy	5:55.88
6 Chloe Haven	9	Wabasso	6:15.73
7 Kayla Endreson	8	Jackson Coun	6:18.69
8 Jasmine Barnes	9	Redwood Vall	6:28.48
9 Aura Spry	9	Westbrook-Wa	6:35.73
10 Brook Hoffbeck	11	Cedar Mounta	6:37.59
11 Aubrey Mathiowetz	8	Wabasso	6:49.28
12 Allison Parker	7	Wabasso	6:51.12
13 Kaitlyn Lorang	11	Cedar Mounta	6:53.82
14 Julia Prouty	10	Redwood Vall	6:54.96
15 Makala Lemburg	9	Tracy-Milroy	6:56.17
16 Hannah Brockway	12	Tracy-Milroy	7:30.89
17 Carmen Almodovar	9	Jackson Coun	7:41.01

Event 22 Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Logan Knutson	12	Heron Lake-O	4:47.60
2 Nickolas Green	12	Windom Area	4:48.29
3 Nathan Runck	11	Westbrook-Wa	4:49.72
4 Russell Lumbar	11	Cedar Mounta	4:56.64
5 Deon Estebo	10	Redwood Vall	5:14.04
6 Carlos Juarez	10	Heron Lake-O	5:15.42
7 Emilio Garcia DeLa Cruz	9	Mountain Lak	5:19.07
8 Christian Juarez	10	Heron Lake-O	5:23.89
9 Brent Reisdorfer	11	Windom Area	5:25.94
10 Shane Liebl	12	Redwood Vall	5:26.93
11 Ben Freking	11	Jackson Coun	5:35.55
12 Mason Clark	8	Redwood Vall	5:41.68
13 Andrew Steen	9	Windom Area	5:48.74
14 Lucas Timmerman	12	Tracy-Milroy	5:50.36

15 Dakota Lumbar	8 Cedar Mounta	5:55.92
16 Sam Grev	12 Mountain Lak	5:56.47
17 Gabriel Martin	8 Wabasso	6:10.24
18 Tyler Bliss	8 Wabasso	7:12.88
19 Wyatt Weier	12 Jackson Coun	9:30.02

Event 23 Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Redwood Valley		52.97
1) Jillian Read 12	2) Alaina Goblirsch 11	
3) Elizabeth Prouty 12	4) Sydney Sommers 8	
2 Cedar Mounta		53.16
1) Joci Nestande 12	2) Sydney Hauger 9	
3) Chasyti Bird 9	4) Vishe' Raab 12	
3 Jackson Coun		53.74
1) Hailey Handevitd 10	2) Zoe Pohlman 10	
3) Kailey Koep 10	4) Alyssa Post 11	
4 Tracy-Milroy-Balaton		53.89
1) Taylor Schmidt 12	2) Carly Holland 10	
3) Catherine Wendland 9	4) Kaylee Kirk 11	
5 Wabasso		54.28
1) Genna Rothmeier 9	2) Emma Salfer 8	
3) Mikayla Salfer 12	4) Anjolic Salfer 12	
6 Windom Area		54.53
1) Holly Wolf 12	2) Tatum Paulsen 9	
3) Sydney Paulson 10	4) Victoria Christoffer 10	
7 Westbrook-Wa		56.21
1) Vanessa Kedl 10	2) Hannah Stevenson 12	
3) Stephanie Amsden 10	4) Rachel Kedl 12	
8 Mountain Lake		57.69
1) Chloe Klassen 10	2) Brook Sunderman 12	
3) Jewel Southivong 11	4) Jenneel Rodney 11	
9 Heron Lake-Okabena		59.59
1) Abi Fest 11	2) Makayla Edwards 11	
3) Skylar Fisher 7	4) Claire Rasche 10	

Event 24 Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Wabasso		45.02
1) Colton Taylor 11	2) Mitchell Fulton 12	
3) Cooper Taylor 11	4) Myles Zeug 11	
2 Redwood Valley		45.95
1) Kyle Huhnerkoch 10	2) Thomas Amberg 11	
3) Chase Pettis 12	4) Evan Schemmel 12	
3 Jackson Coun		46.56
1) Nico Feroni 12	2) Matthew Strom 12	
3) Elijah Meium-Bratrud 8	4) Matt Stubbe 9	
4 Windom Area		47.03
1) Dakota Scott 11	2) Ryan Zamzow 12	
3) Yanick Tade 12	4) Wyatt Minion 11	
5 Cedar Mounta		48.33
1) Brady Forbrook 10	2) Henry Castanza 9	
3) Justin Lumbar 11	4) Riley Reding 12	

MSHSL Section 3A - 6/2/2016
Redwood Valley High School

Results - Day 1

Finals ... (Event 24 Boys 4x100 Meter Relay)

Team	Relay	Finals
6 Mountain Lake		49.10
1) AJ Vongsy 11	2) Kris Menken 11	
3) Ruben Fentanez 12	4) Sam Paulson 9	
7 Westbrook-Wa		51.52
1) Noah Stavnes 10	2) Sam Helmer 9	
3) Joel Byers 10	4) Ken Celedon 11	

Event 25 Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Hannah Schjenken	8	Redwood Vall	1:04.06
2 Catherine Wendland	9	Tracy-Milroy	1:04.20
3 Vishe' Raab	12	Cedar Mounta	1:04.31
4 Megan Sandgren	7	Cedar Mounta	1:04.94
5 Ella Fuhr	7	Redwood Vall	1:06.62
6 Candace Jenniges	9	Wabasso	1:07.49
7 Emma Salfer	8	Wabasso	1:07.71
8 Sheridan Osterberg	9	Jackson Coun	1:08.76
9 Kallie Mattison	11	Westbrook-Wa	1:09.85
10 Ella Lilleberg	10	Jackson Coun	1:10.55
11 Rachel Wolf	8	Windom Area	1:12.08
11 Sianna Schwartz	11	Tracy-Milroy	1:12.08
13 Lonnah Maasch	8	Wabasso	1:16.23
14 Trinity Milne	9	Redwood Vall	1:17.08
15 Emma Snyder	10	Windom Area	1:20.31
--- Mai Hubbard	9	Windom Area	SCR

Event 26 Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Colton Taylor	11	Wabasso	50.64
2 Reynaldo Capetillo	11	Mountain Lak	50.96
3 Damien Van Westen	11	Jackson Coun	52.09
4 Logan Kelly	12	Cedar Mounta	53.14
5 Kegan Zimmermann	11	Westbrook-Wa	55.77
6 Juan M-Saaredra	10	Windom Area	56.23
7 Evan Schemmel	12	Redwood Vall	56.68
8 Brady Forbrook	10	Cedar Mounta	57.53
9 Eathan Wilson	9	Windom Area	58.36
10 Ben Rohland	12	Wabasso	59.17
11 Matt Timmerman	10	Tracy-Milroy	59.48
12 Jordan Toll	9	Cedar Mounta	59.65
13 Gavin Dow	10	Redwood Vall	1:00.31
14 Osmar Roman-Prada	10	Windom Area	1:04.92
15 Spencer Gilk	11	Redwood Vall	1:06.67
16 Sam Fenger	7	Wabasso	1:14.84

Event 27 Girls 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Molly Boyum	11	Jackson Coun	49.54
2 Ramsey Piotter	12	Westbrook-Wa	50.50
3 Alexa Steffl	9	Redwood Vall	51.05
4 Emily Jahnke	12	Mountain Lak	51.34

5 Paige Richert	12	Cedar Mounta	52.98
6 Zoe Pohlman	10	Jackson Coun	53.41
7 Mareah Carlson	10	Windom Area	53.54
8 Mikayla Salfer	12	Wabasso	53.62
9 Kaylan Untiedt	12	Heron Lake-O	54.32
10 Sidney Beran	9	Redwood Vall	56.50
11 Camryn Bunting	9	Westbrook-Wa	57.77
12 Maddi Langerock	8	Tracy-Milroy	58.07
13 Allison Jesse	8	Wabasso	59.18
14 Sheridan Ludeman	8	Tracy-Milroy	59.64
--- Aubrey Bidingier	9	Redwood Vall	SCR

Event 28 Boys 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Logan Josephson	11	Redwood Vall	41.53
2 Cooper Taylor	11	Wabasso	42.35
3 Isaac Johnson	11	Jackson Coun	43.27
4 Thomas Amberg	11	Redwood Vall	45.12
5 Daniel Green	11	Windom Area	45.33
6 Joel Salgado	9	Mountain Lak	46.83
7 Logan Prouty	10	Redwood Vall	47.84
8 Josiah Gardiner	10	Mountain Lak	48.88
9 Teague Schultz	12	Jackson Coun	49.05
10 Parker Benda	9	Jackson Coun	49.99
11 Jake Kleven	10	Westbrook-Wa	50.83
12 Logan Rekedal	8	Tracy-Milroy	50.95
13 Ethan Klassen	10	Mountain Lak	51.85
14 Austin Jones	12	Windom Area	53.14
15 Tommy Klann	11	Wabasso	53.81

Event 29 Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Jessica Christoffer	11	Jackson Coun	2:23.40
2 Cheyenne Schaffer	11	Heron Lake-O	2:27.33
3 Lindsey Bernardy	11	Wabasso	2:31.77
4 Brook Sunderman	12	Mountain Lak	2:33.58
5 Emily Hoffman	12	Wabasso	2:34.15
6 McKenna Nelson	10	Wabasso	2:35.96
7 Aubree Hicks	8	Redwood Vall	2:40.52
8 Makayla Edwards	11	Heron Lake-O	2:44.80
9 Kara Thompson	12	Windom Area	2:46.95
10 Safron Milne	11	Redwood Vall	2:51.80
11 Katlyn Wieme	2	Tracy-Milroy	2:52.48
12 Cassidy Smith	10	Tracy-Milroy	2:54.87
13 Allie Ahrens	11	Cedar Mounta	2:57.14
14 Kaitlyn Ochs	12	Redwood Vall	2:58.25
15 Sianna Schwartz	11	Tracy-Milroy	3:03.21
16 Kaitlyn Lorang	11	Cedar Mounta	3:04.36
--- Brandi Platz	12	Cedar Mounta	SCR

Event 30 Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Issac Tade	12	Windom Area	2:01.35

MSHSL Section 3A - 6/2/2016
Redwood Valley High School

Results - Day 1

Finals ... (Event 30 Boys 800 Meter Run)

Name	Yr	School	Finals
2 Russell Lumbar	11	Cedar Mounta	2:05.65
3 David Strom	9	Jackson Coun	2:07.82
4 Evan Wiens	12	Windom Area	2:08.83
5 Jae Carlson	12	Windom Area	2:13.38
6 Jacob Tvinnereim	11	Jackson Coun	2:14.83
7 Fritz Landherr	10	Tracy-Milroy	2:15.82
8 Maverick Goblirsch	7	Redwood Vall	2:16.67
9 Xander Seaman	10	Redwood Vall	2:18.04
10 Luke Wagner	10	Wabasso	2:21.64
11 Sawyer Schwartz	9	Tracy-Milroy	2:22.96
12 Carlos Juarez	10	Heron Lake-O	2:23.20
13 Leo Steffl	9	Redwood Vall	2:24.31
14 Hamlock Tanyavong	12	Mountain Lak	2:36.98
15 Lucas Timmerman	12	Tracy-Milroy	2:38.32
16 Dakota Lumbar	8	Cedar Mounta	2:42.26
17 Noah Arends	10	Wabasso	2:45.54
18 Sam Welch	7	Wabasso	2:48.04

Event 31 Girls 200 Meter Dash

Name	Yr	School	Finals
1 Anjolic Salfer	12	Wabasso	27.05 NWI
2 Alyssa Post	11	Jackson Coun	27.68 NWI
3 Claire Rasche	10	Heron Lake-O	28.83 NWI
4 Elizabeth Strock	8	Westbrook-Wa	28.92 NWI
5 Alaina Goblirsch	11	Redwood Vall	29.40 NWI
6 Taylor Schmidt	12	Tracy-Milroy	29.62 NWI
7 Gabi Stenzel	12	Heron Lake-O	29.66 NWI
8 Tatum Paulsen	9	Windom Area	29.67 NWI
9 Alexa Steffl	9	Redwood Vall	30.12 NWI
10 Emma Salfer	8	Wabasso	30.13 NWI
11 Sophia Lovell	9	Jackson Coun	30.20 NWI
12 Heather Lemcke	11	Cedar Mounta	30.27 NWI
13 Emma Auslam	11	Cedar Mounta	30.66 NWI
14 Sheridan Osterberg	9	Jackson Coun	30.70 NWI
15 Emma Stevenson	9	Westbrook-Wa	30.96 NWI
16 Hannah Stevenson	12	Westbrook-Wa	31.13 NWI
17 Rachel Wolf	8	Windom Area	31.32 NWI
18 Chloe Klassen	10	Mountain Lak	31.44 NWI
19 Kalley Hoek	10	Tracy-Milroy	31.87 NWI
20 Abi Fest	11	Heron Lake-O	32.04 NWI
21 Lonnah Maasch	8	Wabasso	32.65 NWI
22 Trinity Milne	9	Redwood Vall	34.36 NWI
--- Machayla Garrison	10	Windom Area	SCR

Event 32 Boys 200 Meter Dash

Name	Yr	School	Finals
1 Logan Josephson	11	Redwood Vall	23.41 NWI
2 Reynaldo Capetillo	11	Mountain Lak	23.44 NWI
3 Damien Van Westen	11	Jackson Coun	23.49 NWI
4 Cooper Taylor	11	Wabasso	23.85 NWI
5 Logan Kelly	12	Cedar Mounta	24.51 NWI
6 Jordan Hassing	10	Jackson Coun	25.09 NWI

7 Kyle Huhnerkoch	10	Redwood Vall	25.13 NWI
8 Spencer Smith	12	Tracy-Milroy	25.22 NWI
9 AJ Vongsy	11	Mountain Lak	25.70 NWI
10 Juan M-Saaredra	10	Windom Area	25.83 NWI
11 Eathan Wilson	9	Windom Area	26.05 NWI
12 Kody Kuehn	11	Wabasso	26.24 NWI
13 Henry Castanza	9	Cedar Mounta	26.44 NWI
14 Christian Lohrenz	12	Windom Area	26.74 NWI
15 Michael Munson	10	Tracy-Milroy	27.08 NWI
16 Tanner Rothmeier	10	Wabasso	27.25 NWI
17 Cobey Anderson	9	Tracy-Milroy	27.43 NWI
18 Jordan Toll	9	Cedar Mounta	27.48 NWI
19 Devin Phetsomphou	11	Mountain Lak	27.54 NWI
20 Ian Mackie	11	Westbrook-Wa	28.14 NWI
21 Dominic White	7	Heron Lake-O	29.30 NWI
--- Keegan Holzapfel	9	Redwood Vall	SCR NWI

Event 33 Girls 3200 Meter Run

Name	Yr	School	Finals
1 Christianna Green	12	Windom Area	12:43.45
2 Chloe Haven	9	Wabasso	12:44.52
3 Catherine Buffie	7	Redwood Vall	12:52.92
4 Elise Rasmussen	10	Jackson Coun	13:37.19
5 Skylar Fisher	7	Heron Lake-O	14:01.99
6 Karli Cavness	12	Jackson Coun	14:03.00
7 Anna Volk	10	Heron Lake-O	14:20.29
8 Violet Hoveland		Cedar Mounta	14:47.12
9 Aura Spry	9	Westbrook-Wa	15:20.96
10 Hannah Brockway	12	Tracy-Milroy	16:20.71
--- Kenzie Lydick	9	Redwood Vall	SCR

Event 34 Boys 3200 Meter Run

Name	Yr	School	Finals
1 John Irwin	12	Windom Area	9:53.97
2 Carter Menz	12	Redwood Vall	10:30.47
3 Logan Knutson	12	Heron Lake-O	10:34.98
4 Aaron Boyle	12	Redwood Vall	10:40.08
5 Dalton Piotter	10	Westbrook-Wa	10:50.78
6 Patrick Green	9	Windom Area	11:00.94
7 Jayson Peyerl	8	Redwood Vall	11:09.73
8 Clayton Cavness	7	Jackson Coun	11:28.50
9 Ryan Blomgren	10	Mountain Lak	11:38.23
10 Christian Juarez	10	Heron Lake-O	11:46.99
11 Simon Pell	9	Jackson Coun	12:17.24
12 Hunter Gustin	11	Jackson Coun	12:36.70
13 Marion Schnell	12	Tracy-Milroy	14:01.37
--- Linus Starback	11	Windom Area	SCR

Event 35 Girls 4x400 Meter Relay

Team	Relay	Finals
1 Tracy-Milroy-Balaton		4:11.99
1) Alecia Christian 11	2) Sarita Hook 11	
3) Kaylee Kirk 11	4) Kendra Ludeman 12	

MSHSL Section 3A - 6/2/2016
Redwood Valley High School

Results - Day 1

Finals ... (Event 35 Girls 4x400 Meter Relay)

Team	Relay	Finals
2 Wabasso		4:17.71
1) McKenna Nelson 10	2) Emily Hoffman 12	
3) Lindsey Bernardy 11	4) Mikayla Salfer 12	
3 Jackson Coun		4:18.69
1) Hailey Handevidt 10	2) Molly Boyum 11	
3) Annika Lilleberg 12	4) Jessica Christoffer 11	
4 Redwood Valley		4:21.95
1) Hannah Schjenken 8	2) Elizabeth Prouty 12	
3) Caitlyn Johnson 10	4) Sydney Sommers 8	
5 Cedar Mounta		4:26.64
1) Sydney Hauger 9	2) Megan Sandgren 7	
3) Paige Richert 12	4) Chasyti Bird 9	
6 Westbrook-Wa		4:27.29
1) Elizabeth Strock 8	2) Kallie Mattison 11	
3) Stephanie Amsden 10	4) Ramsey Piotter 12	
7 Mountain Lake		4:29.96
1) Brook Sunderman 12	2) Marta Stoesz 11	
3) Emily Jahnke 12	4) Liana Blomgren 12	
8 Windom Area		4:36.75
1) Jady Wormstadt 8	2) Eliana Tade 10	
3) Victoria Christoffer 10	4) Gracie Bucher 8	

1) Redwood Valley	168
2) Jackson County Central	89
3) Wabasso	84
4) Comfrey-Cedar Mountain-Springf	79
5) Tracy-Milroy-Balaton	75
6) Windom Area	72.5
7) Westbrook-Walnut Grove	47.5
8) Mountain Lake	44
9) Heron Lake-Okabena	40

Men - Team Rankings - 19 Events Scored

1) Redwood Valley	162
2) Windom Area	125
3) Wabasso	113
4) Jackson County Central	102
5) Mountain Lake	68
6) Comfrey-Cedar Mountain-Springf	46.5
7) Westbrook-Walnut Grove	45
8) Tracy-Milroy-Balaton	22.5
9) Heron Lake-Okabena	21

Event 36 Boys 4x400 Meter Relay

Team	Relay	Finals
1 Windom Area		3:38.38
1) Dakota Scott 11	2) Yanick Tade 12	
3) Wyatt Minion 11	4) Issac Tade 12	
2 Jackson Coun		3:41.36
1) Nathaniel Post 9	2) Isaac Johnson 11	
3) David Strom 9	4) Damien Van Westen 11	
3 Tracy-Milroy-Balaton		3:52.54
1) Spencer Smith 12	2) Sawyer Schwartz 9	
3) Matt Timmerman 10	4) Fritz Landherr 10	
4 Westbrook-Wa		3:52.81
1) Ken Celedon 11	2) Logan Pankonin 11	
3) Joel Byers 10	4) Kegan Zimmermann 11	
5 Mountain Lake		3:57.58
1) Josiah Gardiner 10	2) Selvin Deleon-Lopez 11	
3) Eli Karschnik 10	4) Tommy Kraemer 12	
6 Redwood Valley		4:01.98
1) Deon Estebo 10	2) Logan Prouty 10	
3) Xander Seaman 10	4) Gavin Dow 10	
7 Wabasso		4:14.91
1) Luke Wagner 10	2) Noah Arends 10	
3) Gabriel Martin 8	4) Ben Rohland 12	
8 Heron Lake-Okabena		4:25.15
1) Carlos Juarez 10	2) Dominic White 7	
3) Christian Juarez 10	4) Logan Knutson 12	

Women - Team Rankings - 18 Events Scored